



JUPITER UNITED SOCCER CLUB

JTAA Recreation Soccer Rules and Regulations - SPRING 2024

AGE GROUP	U6	U8	U10	U12	U14	High School
Ball Size	3	4	4	4	5	5
Formation	5v5	7v7	7v7	9v9	9v9	9v9
Coaches/Players & Spectators	Coaches/Players opposite spectators. Coaches permitted to step on field	Coaches/Players between 18yd boxes opposite spectators. No coaches on the field	Coaches/Players between 18yd boxes opposite spectators. No coaches on the field	Coaches/Players between 18yd boxes opposite spectators. No coaches on the field	Coaches/Players between 18yd boxes opposite spectators. No coaches on the field	Coaches/Players between 18yd boxes opposite spectators. No coaches on the field
Goalkeepers	No	Yes	Yes	Yes	Yes	Yes
Playing Time/ Player	All players should play equal time	All players should play equal time	All players should play equal time	All players should play equal time	All players should play equal time	All players should play equal time
Substitutions	Unlimited substitutions during any stoppage of play.	Unlimited substitutions during any stoppage of play.	Unlimited substitutions during any stoppage of play.	Referee stoppages, yellow/red cards, throw-ins, goal kicks, and for injury. All substitutions w/permission of referee.	Referee stoppages, yellow/red cards, throw-ins, goal kicks, and for injury. All substitutions w/permission of referee.	Referee stoppages, yellow/red cards, throw-ins, goal kicks, and for injury. All substitutions w/permission of referee.

Game Time/Breaks (Minutes)	4 x 8 (2 minutes between quarters, 5 minute Halftime)	4 x 12 (2 minutes between quarters, 5 minute Halftime)	2 x 25 (2 minutes between quarters, 5 minute Halftime)	2 x 30 (2 minutes between quarters, 5 minute Halftime)	2 x 30 (2 minutes between quarters, 5 minute Halftime)	2 x 35 (2 minutes between quarters, 5 minute Halftime)
Offside	No	Yes, FIFA Rules apply	Yes, FIFA Rules apply	Yes, FIFA Rules apply	Yes, FIFA Rules apply	Yes, FIFA Rules apply
Fouls	Coach/Referee explanation to offending player/Coach used as a teaching moment.	Coach/Referee explanation to offending player/Coach used as a teaching moment. Goalkeeper cannot punt ball into opposition box. Infraction penalized by indirect free kick at midfield.	FIFA Rules apply. Exception: Goalkeeper cannot punt ball into opposition box. Infraction penalized by indirect free kick at midfield.	FIFA Rules apply	FIFA Rules apply	FIFA Rules apply
Free Kicks	All free kicks are indirect with opponents 4 yards from spot of the ball.	FIFA rules with opponents 8 yards from the ball.	FIFA rules with opponents 8 yards from the ball.	FIFA rules with opponents 8 yards from the ball.	FIFA Rules apply	FIFA Rules apply
Throw Ins	No throw ins. Indirect "Kick ins" used instead.	Throw ins are used and may be retaken once as a learning moment, then possession to opposing team.	FIFA Rules apply	FIFA Rules apply	FIFA Rules apply	FIFA Rules apply
Referee Carding	No (see "Fouls" above)	No (see "Fouls" above)	Cards are issued to players and coaches with explanation of infringement to offender.	Cards are issued to players and coaches with explanation of infringement to offender.	Cards are issued to players and coaches with explanation of infringement to offender.	Cards are issued to players and coaches with explanation of infringement to offender.
Penalty Kicks	No	FIFA Rules apply, kick to be taken from 8 yards from goal.	FIFA Rules apply, kick to be taken from 8 yards from goal.	FIFA Rules apply, kick to be taken from 10 yards from goal.	FIFA Rules apply	FIFA Rules apply

Goal Kicks	2-3 yards off goal line, anywhere along goal line.	FIFA Rules apply	FIFA Rules apply	FIFA Rules apply	FIFA Rules apply	FIFA Rules apply
Corner Kicks	Yes, within 1 yard from corner flag.	FIFA Rules apply with opposition 8 yards from the ball.	FIFA Rules apply with opposition 8 yards from the ball.	FIFA Rules apply	FIFA Rules apply	FIFA Rules apply
Heading	No. Indirect free kick given for intentional header	No. Indirect free kick given for intentional header	No. Indirect free kick given for intentional header.	No. Indirect free kick for intentional header	Yes unless in the event of a U12/U14 combined division in which case No	Yes
Slide Tackling	No. Indirect free kick given for infraction.	No. Indirect free kick given for infraction.	No. Indirect free kick given for infraction.	No. Indirect free kick given for infraction.	No. Indirect free kick given for infraction.	No. Indirect free kick given for infraction.
Shots on Goal	Goals awarded from shots occurring in attacking half of field.	N/A	N/A	N/A	N/A	N/A
Referee Assignments	No Referee. Coaches will supervise game for safety. "Do overs" should be used as teaching moments. Coaches can either rotate or monitor at same time.	Grade 8 or higher center referee will officiate game. Referee is sole judge on the field with complete authority over game, coaches and spectators. All referee decisions are final.	Grade 8 or higher center referee will officiate game. Referee is sole judge on the field with complete authority over game, coaches and spectators. All referee decisions are final.	Grade 8 or higher center referee with 2 assistant referees. Referee is sole judge on the field with complete authority over game, coaches and spectators. All referee decisions are final.	Grade 8 or higher center referee with 2 assistant referees. Referee is sole judge on the field with complete authority over game, coaches and spectators. All referee decisions are final.	Grade 8 or higher center referee with 2 assistant referees. Referee is sole judge on the field with complete authority over game, coaches and spectators. All referee decisions are final.

Playoffs	N/A	N/A	<p>Every team makes playoffs. Opponents based off standings. 1st plays 8th etc. To determine standings, teams get 3 points for a win, 1 for a tie, 0 for a loss. In the event of two or more teams with equal points, head to head result will be the next determining factor. If head to head results (not scores) are equal, goal difference will be the third determining factor. Only goals up to +/- 4 will be counted - for example, if a team wins 8-1 that result will be classified as 5-1 when factoring goal difference.</p>	<p>Every team makes playoffs. Opponents based off standings. 1st plays 8th etc. To determine standings, teams get 3 points for a win, 1 for a tie, 0 for a loss. In the event of two or more teams with equal points, head to head result will be the next determining factor. If head to head results (not scores) are equal, goal difference will be the third determining factor. Only goals up to +/- 4 will be counted - for example, if a team wins 8-1 that result will be classified as 5-1 when factoring goal difference.</p>	<p>Every team makes playoffs. Opponents based off standings. 1st plays 8th etc. To determine standings, teams get 3 points for a win, 1 for a tie, 0 for a loss. In the event of two or more teams with equal points, head to head result will be the next determining factor. If head to head results (not scores) are equal, goal difference will be the third determining factor. Only goals up to +/- 4 will be counted - for example, if a team wins 8-1 that result will be classified as 5-1 when factoring goal difference.</p>	<p>Every team makes playoffs. Opponents based off standings. 1st plays 8th etc. To determine standings, teams get 3 points for a win, 1 for a tie, 0 for a loss. In the event of two or more teams with equal points, head to head result will be the next determining factor. If head to head results (not scores) are equal, goal difference will be the third determining factor. Only goals up to +/- 4 will be counted - for example, if a team wins 8-1 that result will be classified as 5-1 when factoring goal difference.</p>
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