

2017 Fall Rec Soccer for Jupiter United Soccer Club

	U6	U8	U10 ⁽¹⁾	U12	U14	High School
Ball Size	3	3	4	4	5	5
Formations	3v3	4v4	7v7	9v9	U14 Boys: 11v11 U14 Girls: 9v9	9v9 (10v10 if >4 subs)
Coach, Players & Spectators	Spectators are not allowed on the side of the field where players and coaches are.	Spectators are not allowed on the side of the field where players and coaches are.	Coaches must remain between the 18 and the halfway line of their bench. Spectators are not allowed on the side of the field where players and coaches are.	Coaches must remain between the 18 and the halfway line of their bench. Spectators are not allowed on the side of the field where players and coaches are.	Coaches must remain between the 18 and the halfway line of their bench. Spectators are not allowed on the side of the field where players and coaches are.	Coaches must remain between the 18 and the halfway line of their bench. Spectators are not allowed on the side of the field where players and coaches are.
Shin Guards/Jewelry	All players must wear shin guards during practices and league games. No jewelry or watches are allowed during games. No exceptions!	All players must wear shin guards during practices and league games. No jewelry or watches are allowed during games. No exceptions!	All players must wear shin guards during practices and league games. No jewelry or watches are allowed during games. No exceptions!	All players must wear shin guards during practices and league games. No jewelry or watches are allowed during games. No exceptions!	All players must wear shin guards during practices and league games. No jewelry or watches are allowed during games. No exceptions!	All players must wear shin guards during practices and league games. No jewelry or watches are allowed during games. No exceptions!
Goalkeepers	No	No	Yes	Yes	Yes	Yes
Playing Time	All player shall play equal playing time.	All player shall play equal playing time.	All player shall play equal playing time.	All player shall play equal playing time.	All player shall play equal playing time.	All player shall play equal playing time.
Substitutions	Substitutions are unlimited at any stoppage of play.	Substitutions are unlimited at any stoppage of play.	Substitutions are unlimited at any stoppage of play.	Substitutions are at Referee's Timouts, on a yellow/red card, throw-ins, goal kicks, kick offs and for injury. Coaches must ask Referee permission and wait for players to exit the field before new player enters. All substitutions take place at the halfway line.	Substitutions are at Referee's Timouts, on a yellow/red card, throw-ins, goal kicks, kick offs and for injury. Coaches must ask Referee permission and wait for players to exit the field before new player enters. All substitutions take place at the halfway line.	Substitutions are at Referee's Timouts, on a yellow/red card, throw-ins, goal kicks, kick offs and for injury. Coaches must ask Referee permission and wait for players to exit the field before new player enters. All substitutions take place at the halfway line.
Game Time (minutes)	4x8 (2 minutes between quarters, 5 minute halftime)	4x12 (2 minutes between quarters, 5 minute halftime)	2x25 (2 minutes water break, 5 minute halftime)	2x30 (2 minutes water break, 5 minute halftime)	2x30 (2 minutes water break, 5 minute halftime)	2x40 (2 minutes water break, 5 minute halftime)
Offside	No	No	Offsides, conform to FIFA.	Offsides, conform to FIFA.	Offsides, conform to FIFA.	Offsides, conform to FIFA.
Fouls	Coach explains all infringements briefly to offending players	Coach explains all infringements briefly to offending players	Fouls and misconducts conform to FIFA with the exception the goalkeeper cannot 'punt' the ball from his/her penalty area into the opponent's penalty area. The infraction is punished by an indirect free kick to the opposing team taken from the center mark on the halfway line.	Fouls and misconducts, conform to FIFA.	Fouls and misconducts, conform to FIFA.	Fouls and misconducts, conform to FIFA.
Free Kicks	All free kicks are indirect with opponents 4 yards from the ball. Same with kick offs.	All free kicks are indirect with opponents 4 yards from the ball. Same with kick offs.	Free kicks, conform to FIFA with opponents 8 yards from the ball.	Free kicks, conform to FIFA with opponents 8 yards from the ball.	Free kicks, conform to FIFA.	Free kicks, conform to FIFA.
Throws-ins	No throw-ins, but "kick ins" and are considered a free kick.	Throw in may be retaken once, then possession given to opposing team.	Throw-ins, conform to FIFA, no retakes.	Throw-ins, conform to FIFA, no retakes.	Throw-ins, conform to FIFA.	Throw-ins, conform to FIFA.
Cards	No	No	Cards may be issued by the referee, including issuing cards to coaches. Ref briefly explains infringement to offending player.	Cards may be issued by the referee, including issuing cards to coaches. Ref briefly explains infringement to offending player.	Cards may be issued by the referee, including issuing cards to coaches. Ref briefly explains infringement to offending player.	Cards may be issued by the referee, including issuing cards to coaches. Ref briefly explains infringement to offending player.
Penalty Kicks	No	No	Penalty kicks conform to FIFA. Penalty mark 8 yards from the midpoint of the goalposts.	Penalty kicks, conform to FIFA. Penalty mark 10 yards from the midpoint of the goalposts.	Penalty kicks, conform to FIFA.	Penalty kicks, conform to FIFA.
Goal Kicks	2-3 yards of goal line, anywhere along the goal line	2-3 yards of goal line, anywhere along the goal line	Goal kicks, conform to FIFA.	Goal kicks, conform to FIFA.	Goal kicks, conform to FIFA.	Goal kicks, conform to FIFA.
Corner Kicks	Corner kicks taken within 1 yard from corner and considered free kick.	Corner kicks taken within 1 yard from corner and considered free kick.	Corner kicks, conform to FIFA with the exception opposing players 8 yards from the ball.	Corner kicks, conform to FIFA.	Corner kicks, conform to FIFA.	Corner kicks, conform to FIFA.
Heading	No. An indirect kick should be given to the opposing team for intentional headers.	No. An indirect kick should be given to the opposing team for intentional headers.	No. An indirect kick should be given to the opposing team for intentional headers.	Yes	Yes	Yes
Slide Tackling	No. An indirect kick should be given to the opposing team for slide tackles.	No. An indirect kick should be given to the opposing team for slide tackles.	No. An indirect kick should be given to the opposing team for slide tackles.	No. An indirect kick should be given to the opposing team for slide tackles.	No. An indirect kick should be given to the opposing team for slide tackles.	No. An indirect kick should be given to the opposing team for slide tackles.
Shots on Goal	Goals will only be allowed on a shot taken from inside the opponent's side of the field.	Goals will only be allowed on a shot taken from inside the opponent's side of the field.	N/A	N/A	N/A	N/A
Referee	There shall be no referee for U6 games. A Coach or parent will supervise the game for safety sake. "Do-overs" should be a regular occurrence allowed by the adult supervising the game. If coaches are supervising they should switch at the end of each quarter.	There shall be no referee for U6 games. A Coach or parent will supervise the game for safety sake. "Do-overs" should be a regular occurrence allowed by the adult supervising the game. If coaches are supervising they should switch at the end of each quarter.	A grade 8 or higher center referee will officiate the game. The referee is the sole judge on the field of play. The referee has complete authority over the game, the players, coaches and spectators. Their decision is final.	The game will be officiated by a center referee and two assistant referees, all officials must be a grade 8 or higher. The referee is the sole judge on the field of play. The referee has complete authority over the game, the players, coaches and spectators. Their decision is final.	The game will be officiated by a center referee and two assistant referees, all officials must be a grade 8 or higher. The referee is the sole judge on the field of play. The referee has complete authority over the game, the players, coaches and spectators. Their decision is final.	The game will be officiated by a center referee and two assistant referees, all officials must be a grade 8 or higher. The referee is the sole judge on the field of play. The referee has complete authority over the game, the players, coaches and spectators. Their decision is final.

(1) U10 will use a built out line. The build out line promotes playing the ball out of the back in a less pressured setting. When the goalkeeper has the ball, either during play (from the opponent) or from a goal kick, the opposing team must move behind the build out line until the ball is put into play. Once the opposing team is behind the build out line, the goalkeeper can pass, throw or roll the ball into play (punting is not allowed). After the ball is put into play by the goalkeeper, the opposing team can cross the build outline and play resumes as normal.